

**SUTAB Split Dose Bowel Preparation
for Colonoscopy**

Physician:

Colonoscopy

Colonoscopy is a test that allows your doctor to look at the inner lining of your large intestine (rectum and colon). In order to achieve an accurate evaluation of your lower gastrointestinal (GI) tract, it is important that you properly prepare for the procedure. Doctors are able to obtain the clearest view of the bowel when it is flushed completely free of waste material. The thoroughness of this intestinal cleaning depends on you. Without your cooperation, the examination cannot accomplish its purpose and may have to be repeated.

Procedure Date: _____

Check In Time: _____

Location: _____

Digestive Health Center of Allen

981 State Highway 121, Suite 2100, Allen, TX 75013
214-383-8210

Methodist Craig Ranch Surgery Center

6045 Alma Rd Suite 100, McKinney, TX 75070
469-907-1650

Baylor of McKinney

5252, W. University Dr, Highway 380 at Lake Forest Drive, McKinney, TX 75071
469-764-1000

Medical Center of McKinney

4500 Medical Center Drive, McKinney, TX 75069
972-547-8000

Medical City Surgery Center McKinney

4510 Medical Center Drive, Suite 150, McKinney, TX 75069
972-547-1580

Texas Health Presbyterian Hospital Allen

1105 Central Expressway North, Allen, TX 75013
972-747-1000

Purchase your SUTAB Bowel Preparation Kit from the Pharmacy

(See attached prescription, if a sample was not given).

Day before Procedure:

Dosing Instructions: SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

Take the tablets with water

STEP 1: Open 1 bottle of 12 tablets.

STEP 2: Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over 15 to 20 minutes.

***IMPORTANT:** If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.*

Drink additional water

STEP 3: Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4: Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

What You CAN Do

- You may have low residue breakfast. Low residue foods include eggs, white bread, cottage cheese, yogurt, grits, coffee, and tea.
- You may have clear liquids.

What You CANNOT Do

- Do not drink milk or eat or drink anything colored red or purple.
- Do not drink alcohol.
- Do not take other laxatives while taking SUTAB.
- Do not take oral medications within 1 hour of starting each dose of SUTAB.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.

Liquids That Are OK to Drink

- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Chicken broth
- Clear soda (such as ginger ale)

Day of Procedure:

- Continue to consume only clear liquids until after the colonoscopy
- The morning of the colonoscopy (5 to 8 hours prior to the colonoscopy and no sooner than 4 hours from starting Dose 1), open the second bottle of 12 tablets
- Repeat **STEP 1 to STEP 4 from DOSE 1**

IMPORTANT: You must complete all SUTAB tablets and required water at least 2 hours before colonoscopy

Please read the full Prescribing Information and Medication Guide in the kit.

***YOU MUST HAVE SOMEONE DRIVE YOU HOME
- No Taxi, Uber, Lyft or Bus!***

IF A PRESCRIPTION IS SENT IN PLEASE PICK IT UP WITHIN 7 DAYS

Please call the office within 48 hours to **Cancel or Reschedule** your procedure to avoid a \$100 charge. If you have any questions please call Leslie at 469-697-5100