

Preparation for Endoscopy

Endoscopy

Endoscopy, referred to as an EGD is a visual examination of the upper intestinal tract using a lighted, flexible fiber optic endoscope. This Procedure requires mild sedation The Endoscope is gently inserted through your mouth into the upper esophagus. Then the Endoscope is passed into the stomach and duodenum, or the first portion of the small intestine. The thoroughness of this intestinal cleaning depends on you. Without your cooperation, the examination cannot accomplish its purpose and may have to be repeated.

Procedure Date: _____

Check In Time: _____

Location:

Medical Center of McKinney.
4500 Medical Center Drive,
McKinney, TX 75069
972-547-8000

Preston Crossing Endoscopy Center

3500 Preston Rd, Suite 200,
Plano, TX 75093
972-985-2300

Texas Health Presbyterian Hospital Allen

1105 Central Expressway North,
Allen, TX 75013
972-747-1000

Methodist of McKinney

6045 Alma Rd Suite 100,
McKinney, TX 75070
469-907-1650

Baylor of McKinney

5252, W. University Dr,
Highway 380 at Lake Forest Drive
McKinney, TX 75071
469-764-1000

Five (5) Days before the Procedure:

- Do Not Drink Alcohol for (5) Days prior to your procedure.
- Do Not take any or ibuprofen products. Taking Tylenol (acetaminophen) is allowed.
- Stop taking anticoagulants or blood thinners such as: Coumadin, (Warfarin) Naprosyn, Nuprin, Persantine, Plavix, Relafen, Rufen, Celebrex, and NSAIDS.
- No blood thinner, No fish oil OR iron, No motrin, Aspirin OR Advil.

Day before Procedure:

- Do not eat or drink anything after mid-night.
- The day before your procedure you will be on clear liquids; From the time you wake up all day.
Clear liquid include: Jellow, frozen popsicles, chicken or beef broth, water, lemonade, apple juice, white grape juice, sprite, hard sugar candies (butterscotch, lemon drops) *****nothing red or purple*****
- Avoid Food, dairy products, Orange juice and anything that is red or purple.
- Diabetic Patients: You will need to take only ½ of the dose of your diabetic medicine the day before your procedure.

Day Of Procedure:

- **Only take any prescribed heart or blood pressure medications with a sip of water.**
- If you are diabetic: To avoid dangerously low blood sugar, Please **Do Not** take your diabetic medication (pills or insulin) the morning of your procedure. You can resume your diabetes medications after the procedure once you have eaten.
- **You may have clear liquids until 7:30 AM Only if you procedure is scheduled after 1:30 PM**
- Plan on being at the facility for approximately 2-3 hours and ensure to arrive at the facility at least 1 hour before the scheduled procedure.
- A driver must accompany you i.e., you must have someone drive you home after your procedure. You will be sedated for your Endoscopy/EGD and will be drowsy for several hours after the procedure. You may not drive or work for 12 hours after the procedure.

YOU MUST HAVE SOMEONE DRIVE YOU HOME-NO BUS OR TAXI
IF A PRESCRIPTION IS SENT IN PLEASE PICK IT UP WITHIN 7 DAYS

For directions visit:
www.yaminimaddalamd.com/patient-information/directions-to-endoscopy/

Please call the office within 48 hours to **Cancel or Reschedule** your procedure to avoid a \$100 charge. If you have any questions please call Leslie at 469-697-5100